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ABSTRACT

An object of the present invention is to provide: casing-packed cooked rice which has an excellent eating feel and an excellent flavor; and a production process which can mass-produce this casing-packed cooked rice. As a means of achieving this object, the casing-packed cooked rice according to the present invention is casing-packed cooked rice comprising an edible casing and a steam-cooked raw material for the cooked rice which material is packed in the edible casing, with the casing-packed cooked rice being characterized in that the raw material for the cooked rice contains a gelled material solidifiable when cold. The process according to the present invention for production of casing-packed cooked rice is a process comprising the steps of: packing a raw material for the cooked rice into an edible casing; and then steam-cooking the packed material; thereby obtaining the casing-packed cooked rice; with the process being characterized by further comprising the step of increasing the viscosity of the raw material for the cooked rice with a gelled material, solidifiable when cold, before the step of packing the raw material for the cooked rice.